

# Contents

Foreword .....	X
Prologue .....	XII
Remembering the Early Days .....	1
Moving into Adulthood .....	9
Experiencing a Taste of Africa .....	15
Opening New Doors .....	21
Returning to My Homeland .....	33
Raising the Academic Bar .....	38
Awakening Spiritually .....	56
Rejoicing and Honouring God .....	65
Gaining Knowledge and Sharing Lessons: The Fight against Cancer .....	69
Sharing My Family .....	77
Reminiscing about My Special Family Trip to Cyprus and 79th Birthday .....	91
Epilogue .....	93
Acronym .....	98